

# Texas Conference

## United Methodist Women

# 2011 Hands On Project

**Health kits provide basic necessities to people who have been forced to leave their homes because of human conflict or natural disaster. Health kits are also used as learning tools in personal hygiene, literacy, nutrition and cooking classes.**

**Health Kit Items Value:** \$12 per kit

Place these items inside a sealed one-gallon plastic bag.

- 1 hand towel (15" x 25" up to 17" x 27", No kitchen towels)
- 1 washcloth
- 1 comb (large and sturdy, not pocket-sized)
- 1 nail file or fingernail clippers (no emery boards or toenail clippers)
- 1 bath-size bar of soap (3 oz. and up)
- 1 toothbrush (single brushes only in original wrapper, No child-size brushes)
- 6 adhesive plastic strip sterile bandages
- \$1.00 to purchase toothpaste

(**NOTE:** UMCOR Sager Brown is now purchasing toothpaste in bulk to be added to health kits before shipping to ensure that the product does not expire before they are sent.)

### **Important Kit Assembly Information**

All items included in kits must be NEW items.

All emergency kits are carefully planned to make them usable in the greatest number of situations. Since strict rules often govern product entry into international countries, it is important that kits contain only the requested items-nothing more.

Do NOT include any personal notes, money or additional materials in the kits. These things must be painstakingly removed and will delay the shipment.

**Processing & Shipping Costs:** Please enclose an envelope containing at least \$1 for each kit you send. **Keep this envelope with all money for the kits in a separate envelope and labeled as "Money for Kits".** This donation enables kits to be sent without delay to areas in need.

Please bring your health kits to the Texas Annual Conference United Methodist Women Fall Festival/ Annual Meeting at Lakeview on September 23-24, 2011. If you are unable to come please make arrangements for someone to bring these for you.